

(please note the latest version of this book is located [here](#))

The Natural Taoist

By [Michael J. Trout](#)

A simple guide to help anyone on the path of [self-actualization](#) & [enlightenment](#). We exist in humanities apex, the next fifty to one-hundred years will either define us or destroy us... personally I think the latter has a better chance, because I see no way out of the global warming issue, but I really hope I am wrong, but either way what happens really doesn't matter in the big scope of things, for we are mere seeds adrift in the cosmic winds. With normal advances in stem cell research and a better understanding of our DNA, we will in our lifetime be very likely to see the beginning of the end of the disease we call old age. What will it mean to live an additional 200-500 extra years? How would you want to spend your centuries? The likelihood is natural death itself will become a choice that people will choose. Even the probability of our relatively unlikely [DNA](#) combination is likely to reoccur somewhere else in the universe under the function of 15 billion years over the estimated number of earth like planets. Even if there were another copy of me out there, the real question is how our [epigenetic](#) differs us, but I'll talk more of this later... Never before will our philosophical outlook on life and existence be more important and for those that fail to see the big picture will self destruct because they fail to spiritually adapt to the changes. Evidence this is already happening is the growing manic depression epidemic infecting our culture. Self-actualization and enlightenment will set us free to become who we really are.

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Introduction

Why does anyone write? Well to be completely honest I am doing so because of a selfish desire to communicate my ideas to myself and to any others that are interested in listening to what I have to say. I want to tell, those wanting to know, the truth about existence and give those that want it the answer to the "who am I" and "why we are here" question. And along the way offer my ideas on a whole lot of

other topics. I also want something that I can turn back to over and over to remind me of my insights and see how they have evolved over time. I am also deeply curious whether things will turn out as I imagine they will. If we don't die in an unforeseen accident there exists a good chance we will live for a very, very long time. I am putting these thoughts to words in great reverence to all that there is—for lack of no better word, I'll call it "the divine."

We are all natural Taoists; what I mean by that is that within each of us is the unconscious awareness of "who we are" and "why we exist." Like a switch in a dark room it merely needs to be turned on. The answer, I believe, is so simple, but it exists just beyond the limiting scope of words. I can't remember who said it (Socrates?) but they were so correct when that said: *The truth is self evident and all around us.* We just have to open our hearts and minds to it. [Socrates](#) believed that in our souls we know everything, and can derive knowledge by selectively and correctly "remembering." He was describing what I call [distributed unconsciousness](#); which I will talk more of later. I want to help people to awaken and become aware of this unconsciousness and encourage people to discover what they already spiritually know within. But keep in mind as you read, nobody can turn on the light switch but you, however, if you know or wonder if it's there then read on, if not—cya... and good luck, you are waisting your time by reading any further and you will only become confused and frustrated by doing so, and it's perfectly ok. There's an old [Sanskrit](#) saying: "you can bring a camel to water, but can't force it to drink." You got to want to.

My goal is simple, it is to provide my personal insights into the truth as I see it, with the hope it will inspire within others a profound desire to find the truth within themselves—and it is there. The personal quest for the truth is humanities greatest gift and doing so will in turn help ignite a deep sense of understanding and purpose in ones life. The search for truth is the only thing that truly separates us from other species; and in doing so it will wipe away the savagery that keeps us in ignorance. What's sad is we've been on the quest for more than 3,000 years and have not gotten very far. Nearly all that have sought it have been percecuted and murdered for it, others have chosen to head off into the desert to contemplate it. Keep in mind, the journey can't be made in one day, and for the vast majority it won't ever be achieved. And in many ways it doesn't matter because the illusion we call time is but a flowing ever-changing river, regardless of how long it takes there is no failure only success can be had in the journey; because along the way the discoveries we make will lead to some amazing actualized experiences and insights. I would encourage you to read slowly and let yourself be distracted along the way by following the links.

This isn't a race or competition; it is a wonderful experience to be savored like individual bites of a wonderful feast. No one can teach or show us awareness or expand our spiritual base. Only we can choose to do that, because the height of our possibility is defined and decided by us alone.

The Internet is probably one of the greatest gift to humanity...I call it *the great equalizer*. On the [blog](#) where I hosted this original piece, I have many links to videos and other information that should be devoured and contemplated like the scenery of a beautiful landscape. Personally, I think that education comes first over commerce and educational stuff should be made freely available to all that want it. I have the greatest respect for those individuals that are fighting to make educational material available... even if it means breaking stupid copyrighted laws. These links have been removed here because Wiki frowns on linking to other copyrighted material. I disagree with this idea because I think the quest for self actualization and knowledge is a greater good. I strongly recommend checking out any [p2p torrent](#) software application and search the many torrent sites. Food, shelter, freedom and access to knowledge and wisdom are our amiable rights. Be aware though, like life itself, the web is also a tapestry of lies and dead ends. Allow your instinct to guide you through the labyrinth and don't get trapped by another person's silliness, unless of course you want to, but instead let the boundless flow over you like waves. We are all giant redwoods in various stages of growth, but we tend to define ourselves as mere shrubs and fail to actualize our true potential. We fail to define who we are and what we will become, instead we chase shadows, and bolt chains around us to keep us from the truth. The more we question and explore life the bigger our spiritual base becomes and the deeper our roots will reach and the deeper we will be able to connect with the divine. We mustn't be afraid of dismantling the [paradigms](#) around us... Believe it or not, over the next fifty years they will be dismantled by advances in nano-biotechnology, quantum computing and more. In our lifetime alone we will probably experience the decline and fall of America. It's already started. If we manage to survive the future we will enter what I would call the first Age of Truth.

I have a confession... I am no scholar of [Taoism](#), no expert on any religion. I haven't been imbued by any god with the knowledge I possess. I have received no visions. In fact I am no different than you and what you are feeling and thinking, I too have felt and thought—from suicide, depression, false hope, exacerbation, delusion and confusion. I am just an ordinary man...like you. All I know and understand is the truth that flows within all of us, which I will call "the divine" for no reason other than I like the sound of word. It's the same actualized truth that flowed within Jesus, Buddha, Mohammed and the countless other enlightened ones that have periodically graced

humanity. This connection with the divine is what drives the formation of the countless religions that infect humanity. Neither am I a physicist, cosmologist or philosopher, but I believe, as Jung, that the totality of human thought and achievement is unconsciousness distributed and shared throughout everything. [Strings](#), [particles](#), [atoms](#), [molecules](#), Dirt, sand, rock, liquid, fungi, plants, insects, animals, [Shakespeare](#), [Mozart](#), [Newton](#), [Plato](#), [Aristotle](#), [Socrates](#), [Alan Watts](#), [Joseph Campbell](#) , etc... are all distributive extensions of us all. I believe my self-actualization is derived from this distributed network and it can be discovered by simple observation, contemplation and in no way is it unique or special. This universal network forms what I call a [Distributive Unconsciousness](#) linking everything back to the [Singularity](#) that initiated all that we know... and it is still unfolding. It doesn't come with any mystical "powers" or abilities, though theoretically any ability/power is possible in the quantum mechanical universe; but the probability of actualizing any is extremely low. Though I predict in another hundred years or so our maturing mind will probably be self-actualize either naturally or with our own assistance. A lot of my insight have developed over the years and will continue to evolve like life itself. I feel a profound sadness that so many people ignorantly sleep their life away chasing dreams of fancy while fearing death. Our archaic religions are missing the modern picture of the truth. I hope to help merge the pictures of religious thought into focus; because they are all wielding twisted aspects of the divine truth.

I suggest that you read just a paragraph a day and investigate the links that are associated with it. As you read, please scribble down your thoughts and please vandalize my ideas. If you have questions write them down in the discussion area or email me and I will answer them or clarify them for you. I am a firm believer of writing and expressing ideas as they boil up from our unconscious mind. As you read you will have thoughts, new insights and opinions. Revisit them in years to come and let them grow you into the giant Redwood that you are. Who knows over time you, like me, may be writing your own personal thoughts and ideas.

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Why [Self Actualization](#) and [Enlightenment](#)?

What is all the hoopla about? Does it really exist? And why is it important? Are they one and the same? Have you ever tried to explain in great detail to someone the taste of a wonderful new refreshing fruit? Why did Columbus seek a passage to

India...? Because he knew it was there. [Self actualization](#) is a similar journey the only difference is that it's within us; and self actualization is there for those willing to take the challenging and sometimes difficult journey. When you dream do you know that you are dreaming? And can you control your dream when you realize that you are dreaming? Self actualization is like all of a sudden realizing you are dreaming and having the ability to humbly understand the nature of life and your purpose. Plato's famous [allegory of the cave](#) is a good example of the process of self actualization. [Plato](#) is telling the reader to wake up, break your shackles and ropes and to see the shadows for what they truly are, and if you so wish walk outside and see the universe for how it really is! [Socrates](#) via Plato's writing is your doorway to enlightenment. Though Plato, Socrates shares with us the process to achieve it...the process of observation. He reaffirms the fact that the truth already exists within us. Plato got it 2500 years ago and tried to awake others from the slumber and ritual many call life. He also warns the reader by warning them that they can't share the discovered truth and if they do they will be attacked or worse killed. We must all discover the truth ourselves. I think every spiritual leader and philosopher in their own ways are all screaming at us to wake up and smell the burnt bacon. First you need to have the curiosity to wonder if such awareness truly exists, then you have to have the courage and discipline to go for it.

Think of the process like learning a new language, but instead of words you will learn new ways of thinking and viewing the world by recognizing the illusions we are living in, the manipulations, the cravings, and the attachments that like bad habits we fail to see them in front of our nose. My goal is to hopefully provide some insight into this new language and to help you initiate the personal process of self actualization. It's the first step on the road towards enlightenment. If you like the idea of not being manipulated by the shadows swirling around you; if you like idea of having the ability to actively choose your life; if you are tired of the rat race and the daily crap that the world is dealing you—whether it is at work or in your personal life. Then maybe it's time for you to seriously consider exploring a new spiritual direction in life. The amazing things is once you exit the cave the world is forever changed. Let me be very clear! I am not talking about religious dogma, meetings, books, DVDs, chanting, etc... Personally, I have always knew this journey lay ahead of me, but it wasn't until recently that I decided to make the journey. I invite you to come along with me. Maybe...you'll discover some short-cuts along the way. A vital thing to keep in mind is that it's not about the destination it's ALL about the journey!

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On the Inadequacy of Words

I might as well jump right into the topic of language and how extremely limiting it is. It's our worse enemy. [Socrates](#) said it best when he admitted "I know nothing." The fact is the more knowledge we think we possess the more questions can arise and the more overwhelming everything can become. This is because we haven't yet come upon the information needed to address the questions. The search for Truth is a journey down the rabbit hole. "Keep it simple stupid" is a good motto to keep in mind in your pursuit of self actualization. Find humor in what you don't yet know. Remember you know the truth its just hidden in the shadows of the lies that flow around us daily... remember the truth is already there. [Leonardo da Vinci](#) was self taught, he did all his great inventions and made all his insights without schooling or studying one Greek or Roman scholar! Look at [Mozart](#)--at 3 he was playing the keyboard and at 5 he was composing! While on your journey don't become lost in Veda-babble and Bible-babble... it is highly unlikely you will read a passage and PRESTO be enlightened! And remember, Jesus, Mohammed, [Lao Tze](#) and Buddha never had a book to follow. The book already exists within us, one just needs to open it. They did it themselves by merely opening that internal book that is reflected in the world around us. It's really that simple. Religious texts and guru's cause most people to just turn off and live life as a sheep following the trends and patterns of other sleep. Don't fall for that trap! It may seem easier that way--especially when you think someone has the answer. For others life becomes about distractions...who has the most toys and what illusions can I find to delude myself and fill the void of emptiness? Most extremely wealthy folks will tell you... I'd give it all away for a profound sense of meaning and spiritual understanding in my life. The fact is, we develop rituals of behavior and we follow what others tell us to do. Ask yourself who told Mohammed, Jesus, Buddha, etc... what to do? No one, but the divine within. So why are we so crippled that we fail to see the strength within us? It's the very same thing that exists within them! We are fruit off the very same apple tree. Society pressures us to be married by a certain age, get a good corporate job, own a nice house and drive a nice car, have 2.5 kids and most importantly be a good tax citizen and prepare to die and loose it all. And every step of the way we become more and more engulfed in the illusions, until we loose ourselves. We stop asking the important questions "Who am I? Why am I here? what is life? What is my connection with the universe? What is the true nature of the universe? Why doesn't God..etc... talk to me? Is he really hearing me? Why does he allow mass murder, mass destructions, profound evil in the world? Would he stop the world from ending?" and so on, instead we go though the motions of living life waiting for the day it will end and we die

lonely... confused... and scare. Some of us (the religions right)die extremely deluded. It's very important that we understand that words can't really define anything. Our language is subjective and relies on our senses in order to make any sense. Try translating between languages, especially ones that are over 3000 yrs old and dead. Look at the fact that with all our technology and supposed intelligence we can't even communicate with our highly alien intelligent neighbors -- the dolphins. The problem lies in our limitation of language as it relates to alien environment paradigms. We may have ideas what things are but we truly can not know what they are. The Tao/God/Designer that can be named is not the eternal Tao/God/Designer. This is true for all words, thoughts and ideas; let alone when we use words like timeless, eternal, all encompassing, all knowing, infinite, boundless , "beginingless," and endless . It isn't until one arrives at enlightenment can one never truly understand or grasp the true feeling of these words. It's like describing the feeling of love or a color to a blind person--you can't. What you describe is far removed from the actual feeling. Its impossible to intellectually grasp the true meaning of God or the Tao. And for one that is enlightened it isn't an understanding presented in words but in silence, it could be a twinkle of an eye, a knowing look or simple smile. Let go of language that is shackling you to the chair of knowledge. See it instead as merely a vehicle, one which you will abandon in time.

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Religion vs. Spirituality

I'm not sure if this is the best place to start, but I think it is important to differentiate between the two most critical and missed communicated ideas. I am not religious and personally I am not a big fan of religions either for a number of reasons. Religions are vehicles for control and are responsible for more deaths than any other "idea" in human history. Even today more [mass murder](#) is being committed under the banner of religion than any other cause. Look at the atrocities in [Africa](#), [Iraq](#), [Iran](#), [China](#) and not too long ago [Serbia](#) . [Terrorism](#) is predominantly founded in religion. Look at the daily struggle occurring in the [w:Middle East](#). In my opinion [w:Jesus](#), [w:Socrates](#), [Confucius](#), [Mohammed](#), [Buddha](#), [w:Lao Tzu](#) and all the other prophets disavowed themselves of a particular religious sects and became independent spiritual thinkers and self appointed leaders. They didn't join any sects. They represented pure, self-derived ideas and thoughts that have been misrepresented by those that followed after them. We should follow their example. Even when we contemplate religions we see them embracing truth: Mohammed

recognized Jesus and [Moses](#) as great Muslims because they gave themselves fully to God. He didn't require them to wear the hijab, hijaab, hejab (Headwear) to be Muslim. It was after their death that, for the most part, the purity of their purpose was corrupted by written words or by interpretation by men seeking to control others for their own end. Have you ever wondered why is it that Mohammed, Jesus, Confucius, or Socrates never wrote anything? Well you should.

The vast majority of religions indoctrinate their participants into thinking they are not allowed free will or opinion and that deviance from the prescribed doctrines is grounds for damnation. Why is that? The answer is rather simple... control. To understand the corruption that infects society one should study [Machiavelli's *The Prince*](#). It is the foundation on which government, business and leadership is grown and the day it is cast aside is the day we emerge into the age of Enlightenment. In order for one to understand the legacy behind the structure one must understand what controls are utilized to shackle humanity. People needed to feed their family, wars raged and religion was a vehicle for preserving what one had. The same goes for the Buddhist precepts. Many believe that enlightenment isn't achievable if you don't follow them. But one fails to ask why did they exist? They existed for crowd control—how can you teach someone when all they are thinking about is banging the hot babe next to them or craving the bed of the wealthy patrol or the bar of soap their neighbor. If people are distracted by their environment they can't be listening to Buddha. So he set some basic precepts to level the playing field and to encourage ALL to participate equally. Basically, what I observe religions doing is what is commonly called brainwashing. Why do religions do this? It comes down to group mechanics. Whenever you form a group one has to prescribe rules to control them or they tend to dissolve. Otherwise, spiritual radicals will undermine them and steal away their [widgets](#) (worshippers). But blind men try to lick up their masters idea and pervert the so-called purity of them and find ways to gain power and wealth leveraging the enlightened One. Every Christian branch came into being this way. Like multi-level marketing spin offs the religious generals seeking power by spinning off their followers and forming a new branch.

Jesus, Buddha, Mohammad didn't write anything down, so keep in mind as you read any religious book that much of that is written and expressed is done by many mortal people, very limited people, very opinionated people, people with very special interests in mind. I think religious texts should be read like a comic book, devoured and explore them emotionally and intellectually, then throw them in the trash and move on to the next. You should definitely use a pen and actively cross-out, circle and comment on everything that motivates as you read. Write your ideas down as

you do. Don't get snared by the words. Don't become trapped in searching for God, Allah or Tao in the pages of a book! If you want truth search for it in [Plato](#) and the other Greek Sophists. Everything from [atoms](#), [souls](#), [evolution](#) vs [creationism](#), nature of god and [truth](#) have already been thoroughly explored over 3000 years ago. The thoughts and emotional feelings you discover should be questioned. Nothing should be taken at face value. If you read religious texts like this you will find a common through line in them all—love and compassion for life and others. This common through line is what I call spirituality. The goal of any reading is to decipher and separate the crap from the substance and I think 95% of what is written in these “Holy” texts is utter crap written by ignorant men. Ask yourself why is it saying that? Is it an imposed opinion? Are these social, political, cultural reasons? Most of the time there are.

Spirituality is the thread that links everything together ([Chief Seattle 1854 speech](#)). Call it science, God, Shiva, Tao, Buddha, Truth, Devine, Designer, Gaia etc... call it whatever you want. But ultimately to name it is to personify it, and to personify it is to destroy it. I'll explain what I mean later. Simply put, spirituality is the sense of profound connection with The Devine/Truth. This Divine or Truth can be given any name: God, Tao, Allah, Shiva, Designer, universe, but as mentioned before, to name it is to destroy it by making it less than what is it truly is. Spirituality is the path that can lead to enlightenment. Enlightenment is seeing through the veil that shrouds our life in illusions. There are many levels of enlightenment and each level brings us closer to the ultimate truth—Who Am I? All I can say is this Truth isn't an intellectual answer, but one that is profoundly experienced and understood beyond words. Many seek enlightenment out of a desire to obtain powers. There are no magical powers or abilities that come with enlightenment, just a greater power...an understanding of the question. And even if there were powers the fact that one would want them by obtaining enlightenment would in itself keep one from attaining enlightenment (the yogi flying crux :)

One of the questions I find hardest to answer when ask is “What do you believe in?” I answer... “I believe what you believe in.” because I understand that they are trapped in their illusions and they are real to them as my reality is to me. But, what the person is really asking is “what religion are you?” When faced with this question I always find myself relating this parable... “That's tough for me to explain, but let me see if I can... There is an old fable about six venerable blind sages all on a pilgrimage to worship their perspective god(s) and ideas. On the way they encounter an elephant. None had ever encountered one and an argument about what it was ensued. When asked what they thought it was. One explains “The elephant is a like a

huge tree trunk!" as he reaches around one of the elephants' leg, "No! It is like a rope", said the old man who touched the tail, "Preposterous! it is like a big snake", yelled a wise man grappling with the trunk. "Wrong as usual! It's like a spear!" exclaimed another defiantly as he felt one of the great tusks. Thus religions and philosophies squabble with one another about the truth as it is perceived from their particular angle of perception. Their interpretations or perception are based on the particular part of the elephant (religion) they happen to be discovering. Each is partly right; however, they failed to see the big spiritual picture. They are not able to see the whole animal because of their individual bias and desire that has been defined by their genetic coding, environment and their individual experiences. The same applies to religions. This parable teaches us that we should explore and find the spirituality in all faiths and that by doing so maybe we will start seeing the true big picture. The rationale behind this is simple... it's like using multiple angles of perception to discover the truth of orientation. Surveyors do this all the time--be a spiritual surveyor. All religions are all true to a certain degree. We must recognize that pieces of the truth exist within all religions and beliefs--because they are all describing an aspect of the whole. Another good example is to imagine a prism and there is white light entering it and being refracted into different colors of light. I believe in the light and recognize that all the colors are products of the one light--thus all religions, and philosophies are the refracted aspects of the one light. Remember using words to describe it is completely different than feeling it.

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Self-Actualization & Enlightenment

There is just one road to enlightenment, but many paths lead to the one Road. One just needs to pick one; remember it's easy to fall asleep or get distracted along the way, or to forget where one's going because of the illusions we encounter in life. The path isn't easy, or we would all be on it. Only a disciplined few will ever start the journey, yet even fewer will ever finish it. Realize, it isn't about getting to the final destination, it's about the willingness and discipline to take the first step.

Self actualization is the path one takes to enlightenment. The first step is to ask your self "Am I sleeping?" Self actualization is being truly aware of your self in the moment; it is opening yourself to the possibility of that moment. It's living in the here and now. It is really looking and seeing and noticing what is happening around you and within you. Become aware of your breath and the life around you. It's like

being a good driver; you can maintain an in-depth conversation and suddenly beware of something ahead of you or a change in the car's behavior. Enlightenment is truly living awake and aware. But the mother of all traps is not being all consumed with getting to the destination--one must forgets the destination and focus on the journey. By focusing on the destination you will miss what is happening along the way and become all consumed with what is around the corner. Enjoy the trip, the discoveries and the day-to-day journey. Because life is all about the journey to the destination and even if we never reach the destination there is plenty of joy and happiness that we can experience and share along the way. Self actualization is a personal journey. It is a personal choice that only you can make. It can't be taught, it must be discovered personally and intimately. It requires daily discipline and dedication.

Enlightenment is not suddenly having the ability to possess the ultimate knowledge of existence. Enlightenment is a profound understanding and insight on how we relate with the universe and how everything is interconnected. It's an actualized intuition for what is relevant and what isn't in any given phenomenon.

Enlightenment is actualized experience of the interconnectivity of reality, a spiritual understanding to the truth around us and a physical connection with the God. Life and existence appears complicated when in reality the answer is rather simple. Self actualization is the process of digging through the complications of life to discover the simple truth hidden behind the seemingly complicated. Enlightenment is when that cloud lifts and simply and profoundly an understanding is personally experienced.

Hint: Get TORRENT software and start downloading documentaries....

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Replacing the Food Drive with a Material Drive

Why is it we are so focused on making money? Where does this insatiable drive come from? Well the answer is rather simple... Over the last some 2,499,996,999 years our next meal has been our primary driving force. Only in the last 3,000 years, since the establishment of money by the Roman Empire, has that drive been displaced by greed of money. But only in the last 100 years have we perfected our desire for money and conquered the world with it. Where has that drive basic drive for food gone now that we have eliminated the daily obsession for food? It hasn't gone

anywhere its just been redirected to the drive for money. We have replaced one addition with another. Marketers have skillfully duped us into believing the all importance thing is financial greed.

We are mere toddlers in the scope of emotional evolution. The media is our toy store selling us our latest objects of distraction to pacifier our hunger. The system keeps us ignorant of the truth. We suck on the gadgets and toys we create like the 3 yr old toddler fascinated at their first shopping experience. We live with the mantra give me give me give me... In order to mature as a culture we must become aware of our infancy and become free of it.

So why are we here? Why are we able to contemplate who we are? We are because to do so is a fundamental foundation for who we are. We are the distributed consciousness for everything. And humanity is its conscious child.

Sometimes we need to read from outside the box and there is no person who has so clearly depicted our modern cabalistic failure [Aleksandr Solzhenitsyn](#) in his [Gulag Archipelago](#). After his exile he concisely depicted the corruption of money that now infects the modern western soul. He clearly expressed this western infection in his [1978 Harvard Commencement address](#).

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The Sphere of Life & White Noise

Look at your life. It is in constant revolutions of highs and lows, lows to highs? It is for the majority of folks. We are like the clouds in the sky constantly changing and moving and influenced by our environment. Why are we this way? Is this how you want to live our life? Out of control moving in where the wind blows? Is there any other way? Of course there is. You just need to wake up to it. We are manipulated and influenced daily by all the white noise. The term white noise is used to describe the constant bombardment of noises and images that attack us daily via the radio, internet, tv, ads etc... We are not aware of it because we have become conditioned to it. But if you went away for a week to a quite place and meditated would become very keenly aware of it upon returning to "normal" civilization. It's quite an overwhelming experience, but we quickly become re-adjusted to it again. If you don't believe me try a Vipassana meditation retreat.

The reality is we unconsciously choose to be manipulated; we are asleep and unaware and are fooled to think we have no choice in the matter. We do have a choice. But we need to start deprogramming ourselves of the preconditioning.

How do we do that? Simple, just wake up, all we need to accept the fact that we are asleep. It's actually that simple, the trick is how do I wake up?

This probably won't make any sense to you, but I'll try. We live life on an emotional sphere. Where you want to be is in the middle of the sphere observing your emotional clouds. The first stage of self actualization is living without being manipulated by your emotional clouds. Think of an aspect of actualization as living life as a beautiful cloudless spring day—bright, energized and tranquil, blissfully perfect in every aspect. The centered existence is there for anyone, we have it already within us all all you need to do is to connect to it. Meditation is a tool to get you there—which I will talk about later.

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Struggling With Faith, Heaven, Hell, Bliss and Nirvana

So many of start out on the road of self-actualizing because of a feeling that we are unconnected to our faith. The moment we start exploring this dissatisfaction we chastise (defile) ourselves for doing so. We start thinking “Oh, my God, I'm going to go to hell!” The first stage to enlightenment is to ask: “Why do you need to define the feeling I am having as not being one connected with God?” No one has to fear Hell? Our definition of God is our biggest hurdle in moving us towards self-actualization. We need to make a paradigm shift. To do so you have to explore the nature of God and his relationship to the Bible. The Bible as most religions texts are full of contradictions. Why is that? Simple it was written by man not God. If it was written by God it would be flawless.

Who is to say God is a male or female? To me he's neither. One of the early problems I had to overcome was the personification and definition of God. Facts claimed about God... We are created in God's image (It doesn't say mirror image, so which image? I tend to think in terms of a quantum mechanical image—huh?!? I'll explain later), God is boundless, infinite, all knowing and encompassing, All Mighty Creator, the Beginning and the End etc... everyone of these terms are inherently beyond human intellectual grasp and understanding. Try teaching a dog physics and see what I mean. We have extremely vague ideas what these terms mean. We can't

intellectually know or understand infinity, we can't even start to grasp what these ideas truly mean. All we can do is feel the connection to the "holy spirit" or universe.

The same goes for the quest for self-actualization, enlightenment, bliss and Nirvana. The desire to achieve these states can inherently become the mother of all traps or obstacles. To some the desire to achieve the state becomes so strong that it will actually have the effect of sending you in the complete opposite direction. Buddhist uses the terms craving (a strong desire for something) and defilements (spiritual self punishment) as a way to describe the barrier. One must fundamentally accept that achieving the higher state of consciousness exists within everyone and not to push for achieving it—it's there, just smile and let it grow within you. Be patient calm and disciplined in your journey. Think of the journey as an analogy to that of a growing Redwood. Let it grow without paying attention to how high you've grown or how high you will reach. Just focus on growing.

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On Choosing Paths...

As I said before many (self-actualization) paths lead to the Road to enlightenment. There are some basic ideals that I think should be adhered to. Never pay more than what you can't afford to give away for knowledge. This includes being forced "encouraged" to buy books/tapes/videos, pay fees to attend conferences or retreats. There shouldn't be a price to enlightenment; instead people should only pay what they can afford. The knowledge to the Road should be given freely and openly, with absolutely no string attached. Now I can understand the need for folks to make a buck. They may be very self-actualized and what they have to share may very well be important and valuable. But, those that do sell their wares aren't enlightened. So why buy their book or tape? That's a personal choice to make. I have never bought a book on the subject. Ask yourself would an enlightened person openly choose to profit of their awakened awareness? The answer is absolutely no! Can you imagine Buddha charging a fee to hear him or how about Jesus? It's absurd to think it. The same goes to all the religious organization out there who peddles their wares into a multibillion dollar money making gorilla. For that reason, I have the highest respect for Vipassana Meditation Centers, because they freely offer the experience. One pays what they can, based on what they felt they got out of the event and only if they want to. So if you are tempted to look at a particular path, ask

yourself “what is my required buy in?” If it isn’t offered freely be aware! Keep in mind the truth is already within you and only you can unlock it. No teacher, guru, yogi, witch, priest, holy man can do it. You must take the journey yourself. A teacher, should one be chosen, serves only one purpose and that is as a guide, to help you ask the right questions that will help you unlock the doors within, and to provide you with encouragement, structure and discipline to help keep you on track. The paths to the road are filled with many obstacles, pitfalls and barriers, all of which are self inflicted.

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Agape Love and Spirituality

How is it possible to love everything unconditionally? One of the early stages of self actualization is the paradigm shift of becoming aware of the people asleep around you. A great sadness is initially experienced because of our inability to help awaken them from their ignorant slumber. An initial impulse that comes with self actualization is to try to bring these loved ones out of their slumber. Zen Buddhist masters and other actualized beings have long discovered that it is totally a futile activity to try to awaken the sleeping mind, because they are the ones that must make the journey to awareness. Like being trapped in a dream they are unaware of the dream, living in the illusionary world chasing phantoms. In Plato’s Analogy of the Cave he teaches us that one can not awaken those chained and shake them out of their dreams... they will merely attack the one trying to bring them out of their slumber and immediately go back to their nightmares. They are blind to the truth, they are fast asleep and you can’t cast blame or be angry at them for it. Agape love is the natural development out of this awareness because you begin to see people as the innocents they truly are. Their ignorant actions against you are merely ignorant defecations. Do you get mad when your baby craps on you? Of course not, because you know it isn’t aware of its action. Even intended harm against another is ignorant, because the person is in a dream. Another stage of early enlightenment is in the actualization of the fact that we are all really part of the same thing—the universe. Keep in mind this understanding has to be profoundly experienced and not merely intellectualized. Once you feel this way in your core being you will start seeing people, life and objects in a profoundly different way. Your action becomes one where you choose actions and words that will not cause harm on others. This is why enlightened spiritual leaders will only answer questions or talk to those that come seeking answers. Remember, you already possess the answers.

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On The Illusion of Death

Death is just a natural part of life. It is merely an evolution from one state to another. In many respects we really don't die. Our physical body starts dying from the moment we start breathing. And like the ocean wave we are constantly changing. Permanence is an illusion and truth. Our atoms are permanent or breath and flesh like the wind. Just before his death Sigmund Freud said "Our unconscious does not believe in its own death, it behaves as if it were immortal." This is because the unconscious mind is just that... an immortal distributed construct of the super distributed unconsciousness of the universe. The energy in life is still in the universe... it is just back to its parent arms.

Here's some strong evidence that death may not be final but a cycle. Apart from the most famous case of reincarnation – the Dali Lama, did you know that there are a number of universities that are actively researching reincarnation? The University Of Virginia Department Of Personal Studies has been investigating reincarnation over 20 years with Dr. Ian Stevenson. He has been doing research on children who have shown remarkable evidence of past lives. There is also a very interesting documentary on the matter called the Stories of Reincarnation (here's a link to the English Documentary with Spanish subtitles).

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A Paradigm Shift of Senses and Dreaming

When sensing, whether it is listening, seeing, or hearing, feeling, keep in mind that the external sensation are only experiencing are really only being experienced within you. Nothing is experienced externally—it all happens in your head. There is no such thing as an external event—it is ALL really happening inside you. You are seeing, hearing, smelling, and feeling, in your brain. Therefore, only internal experiences exist. All perception whether beauty or ugliness, nature, god, all only exist within us and are colored by us. Nothing external exists. The universe is within in us, time is an illusion we manifest and empower. And in the same way the universe is within us too. Know that it can't exist independently from us. Have you ever wondered how is it possible that one can dream an entire day, week, an adventure or maybe a lifetime in our dreams and only a few units of time, we call hours, pass? Is it because the

mind at its quantum level is outside time? Some butterflies and insects live a mere a few days. Trees can live 100s or even 1000s of year. What are units of time to them? How do they experience time? Does it pass them in the same way as it does us? The answer is no. If you think about it how does something as minuscule as a thought relate to time? Think about the size of a thought. You are dealing with something so small that it exists only on the quantum mechanical level. What laws do thoughts obey the general relativity laws or the still undefined quantum mechanical laws? How is it that we fall asleep? Let we share this with you; enlightenment is like falling asleep but in the opposite direction. The first rule is it can't be forced. Have you ever tried to force yourself to fall asleep? It's impossible! Just as it is impossible to force or push yourself into enlightenment. How do you become enlightened? The first step is to become self-aware to that fact.

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The Two Sides To The “Who Am I” Question.

I am going to jump right to the crux of the question. Are we the light bulb or the light emitting from it? Side one: Alan Watts presents the idea that we are the Universe and we are eternal. I would like to explain what he means and take it a bit further. Science is on a new frontier and on the path of discovering the fundamental law for all things. They have finally discovered the quantum atoms as they were originally conceived by our great Greek philosophers—atoms were once presented as the thing that can not be sub-divided. On a quantum mechanical level all is made from bits of vibrating energy called strings. Think of these strings as the quantum DNA of all matter and energy. Therefore at the quantum mechanical level it shows us we exist as a perpetual ingredient in the bowl of soup call the Universe. Side two: Have you every wondered why is it we think? Socrates stated famously “An unexamined life is not worth living.” Why did he say that, what does that mean to you? Have you ever wondered, why did the first fish leave the sea to start life on land?—was it to meditate without fear of being eaten or maybe it just wanted paradise—a place to dwell without fear of being eaten. Why did you choose your occupation?—for the money or for the possibility to know thy self better, or maybe for both reasons? Who am I in relation to a physicist, chemist, doctor, psychologist, philosopher, actor etc...? All things in the universe is interconnected and related to one another. All are striving to know thyself. Life is the consciousness of the unconscious multi-verse striving to know itself. Striving to awake up to itself! Think of the universe as an infinite distributed super-unconscious web and life its distributed

consciousness. It's my opinion that we are at an embryo stage of awareness and human development. The enlightened ones that come and go are aware of this connection and explain it in relation to their social paradigm of the time of their existence.

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On the Other Side of the "Who Am I" Coin

Have you ever considered what exactly is it that makes us who we are, when only 1.5% of our genes make us human? We share 98.5% of our limited [DNA](#) with chimps, 50% half with insects, and a third of our genes with plants. So in many respects we are 30% plant, 50% insect and 98.5% primate and only 1.5% human! So if we are made in God's image then so are primates... Hmm makes you think... doesn't it? So what are we and what is our relationship with other life? It's simple. genetics clearly shows our relationship, we are just the mere evolutionary siblings of life. We are all intricately part of the same family. If God made us in his own image he did so in using his quantum form. Which translate into saying everything is made in God's image if you know God's brane.

A must see [torrent](#) is the recent *[[W:Journey of Man]]Journey of Man*. We now know that we all originate from one man living in a tribe from [Ethiopia](#) Africa. Differences in races are just an illusion created by environmental effects on us and selective in-breeding, DNA science now shows that all man is related by a mere 2000 generations!

Just 2000 generations! We know this because we are all connected through our blood, which is the time machine to our past through our genes, in particular, the male Y chromosome. With our genetic marker tree we have built a family tree for the whole world that shows that all men are related. From a world of 6 billion people they all originated from 10,000 Africans some 50,000 years ago. Around that time a small band left Africa and we are just one of their children. If we retrace the journey 50,000 yrs ago all of us lived on one continent Africa. 50,000 yrs ago there was a burst in creativity and we made a bold move towards India. Here is our evolution in on a one year time-table... on 1st Jan apes appear on the world on October 1st man appeared, by December modern human appeared and on 31st we left Africa and by New Year years day we had populated the world. If put end to end our DNA would stretch 3000 times from moon and back. Glitches in the DNA called mutations or

markers become the time machine for learning our path to modern time. Monumental Global climate change was an intrinsic factor for forcing us out of Africa. A huge ice age gripped the planet some 50,000 yrs ago... So out of an instinct for survival early Africans followed the shore to Australia. Australia is the very next place where we find our nomadic ancestors DNA and bones that dated about 40–45,000 yrs ago. But how exactly how did they get there?

The male Y chromosome doesn't get reordered like the X chromosome and it is passed only from father to son. Don't you find it odd that this is why the male in a family is considered the genetic heir?—in fact genetically men are the genetic heir to the Ancestor. Man curiosity of what lay around the next beach corner took our original forefathers to Australia by way of India. The fact is coastal settlement evidence would have been erased as the ice age retreated and the oceans levels rose.

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A World-View That Unites Science and Religions

“There is no conflict between mysticism [religion] and science. But there is a conflict between the science of 2000 BC and the science of 2000 AD. And that's the mess in our religions. We have been stuck with an image of a universe that is as simple and childish as you can imagine. The three-level universe of the Bible is of no use to us. We have to have poets and seers who will render to us the experience of the transcendent through the world in which we are living.” Joseph Campbell.

We all want to believe in something and we basically all do. We all want to understand why we are here and what is the purpose of our existence? A religion is a world-view and we all want one that answers all the questions rationally, logically and spiritually. For many simply answering “because God did it” isn't good enough. There really isn't any fundamental distinction between world-views. They all answer the question “Why?”

Wouldn't it be great to have a world-view grounded in science that addresses ALL religions? One that answers all questions presented these religions and one that doesn't fall apart because of fundamental truths of science? Wouldn't it be great to be able to enter any place of worship and feel profoundly and intimately connected to it? How would it feel to be able to profoundly believe in ALL faiths and recognize them all as wonderful human expressions of the same Truth?

Wouldn't it be wonderful to possess a world-view that actually fits in with the universe we have come to know through science? An integral part of the modern world is science. Everything around us today is a result of science and over the last 2,000 years science has been slowly stripping away the power of God's domain. Therefore a modern world-view or religion MUST be grounded in science. Face it, we want a world view that fits in not only with the hard sciences, but also with the views of Freud and Darwin etc... Since science is the foundation of the modern world we know and live in, then a world-view definition grounded in science is crucial for the future. Therefore, science must be the foundation for which religion faiths are built upon. The modern Hindu view that is spreading like wild fire in the west is because of its positioning as being connected to science ideas and principles. Transcendental meditation constantly reminds its practitioners of its foundation in a scientific approach. One of the many literal interpretation of quantum mechanics is that there fundamentally exists a very small possibility of Yogic Flying—the math says its so. Another similar possibility is teleportation, but I'm not going to start telling folks to try to teleport. The recent intelligent design movement theory is yet another mechanism to bring religion and science closer together.

Science and religion has long been in a battle and many will argue that they can't come to terms with one another and they are forever divided and opposite. In the past this was fundamentally true, but this is finally changing because theoretical physics... We need to accept this fact and start moving to incorporate them together.

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Intelligent Design and the Designer

I recently watched a very interesting, some say, and Christian bias documentary called "Unlocking the Mystery of Life". But other than the Christian funders that supported the film I saw no evidence of any one designer in it. Basically, it states that design reasoning comes from the idea that improbable object or information that matches recognizable patterns is some indication of some sort of intelligent designer. But the real question is who or what is doing the design? Most people seem to ignorantly point to the designer as a personified God. This is silly. The fact that there is bacteria that seems to have an outboard motor for a propulsion system, I think actually future murders the idea of a personified God and provides greater support to the idea of a intuitive designer. But like moths many personified

designers worshipers are desperately seeking an ever fading light of a personified God and like moths flutter with hope to what seems to some as a new creationist theory and some evidence of personification.

By suggesting intelligent design one does not necessarily provide the evidence of an conscious God. The fact is we can't yet even define what intelligence is let alone the designer. And if we could, what would be the intelligence of the designer? A dolphin's intelligence is alien to us and the intelligence of some designer would be so far removed from ours that we might as well be a rock in comparison. The universe is around 20 billion yrs old, modern man 10,000 years old. Think about that for a moment. All energy is connected, some theorize there is form of intelligence in particles... maybe it does have an type of intelligence that is so alien to us that all we can truly sense is the profound connection to it. One of Mankind's biggest hubris is imposing our ignorance on infinity and centering ourselves in the universe. We aren't important, we aren't unique and we aren't the only "flower" glowing in the universe.

We need to be humbled as a species and we will be. Humanity is like a rebellious masochistic teenager causing havoc on everything it touches including itself. A designer would be better defined as being like a super distributed super-subconscious web connecting all energy. Perhaps it's the quantum mechanics M-Theory p-brane itself in which all matter is theoretically tied to? The challenge we must explore is how is a subconscious universe intelligent and how does our consciousness measure to something as alien as a universe? Think of life, matter, particles etc... as a massive distributed super-unconsciousness over the totality of dimensions and distributed throughout the infinite possibilities that exist in the parallel universes that are now being theorized by many theoretical physicists. Molecular machines... seem to be a good indication for a massive distributed unconscious intelligent design. And the documentary makes a compelling argument between chemical predestination and genetic instruction and DNA instruction logically wins out. Even, physicists are having a tough time with all the theoretical evidence that is pointing the existence of a super-intelligence. Why for over 20 years did the US government employ remote viewers? Does remote viewing somehow tap into a distributed framework of energy and unconsciousness?

Over 2000 years ago the Greeks theorized about a sub-atomic universe and It took over 2000 yrs to prove it. What is the origin of DNA how did it come about? Why can't we make life out of chemical compounds? Surely the science exists to reproduce its creation. Creating and finding organic compounds and amino acids is

one thing, getting DNA encoded on to its Tabular Rasa How does DNA relate to quantum mechanics and M-Theory? Could M-Theory provide the mechanism-answer for life? Science is a search for what is true (Law) and plausible (Theory) in the world. Finally, on Darwinism, I really am amazed that we place so much weight on the word on a guy born nearly 200 years ago? The fact is, if Darwin lived today his theory would not have been made as it was with what is currently observed and what is now known about DNA

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The Personification of God is Evil

Why do we personify God? We do so as a way to connect to something that is indefinable and infinite. Place yourself 2000 years ago all you know is farming, family and a code of conduct. You possess a simple paradigm so you needed a simple doctrine to understand the universe. If you want people to believe anything they must be able to relate to it and understand it. Thus God is created as something that we can relate to and conceive. We didn't have quantum theory or expanding universes, the search for extra terrestrial life etc... So a myth system that enables us to relate to something like us was the natural development.

A personified god is evil. If you are telling me that an "good" intelligent being would allow millions to be murdered and do nothing to prevent it – that's evil. How it is different from someone watching dying child starve to death right in front of them? Or even worse why not eat and drink right in front of the child as it dies. A good conscious being would not because it could not! Therefore God cont be personified. Also, Jung pointed out that God could not be conscious because by its definition God is everything and thus could not be conscious of its self. It's like our inability to perceive our unconscious mind. Let's pose another question... what will humanities intelligence be like in 1 billion years from now? Keep in mind the universe is 20 billion years old and the earth is only a mere 4.5 billion years old. Let's put it in a different light...If the earth was created in 24 hrs we have been around for only 30 seconds. And in relation to the universe we've been around less than a second. So how about the guys that have been around a minute or maybe an hour? Will we be the same as we are now? Gods intelligent would be so far removed from us that we could not even compare it to us. How do we compare a rock's intelligence to us? We cant, well we are rocks. Buddha said look at nature for the answers... Its taken us over

2000 years to finally prove the existence of atoms what will be prove over the next 2000 years?

Joseph Campbell was probably the greatest scholar of myth and comparative religions in the twentieth century and possibly all time. He talks about the Symbols in myths and not as fact as many religions believe. The following quotation is from page 48 of his book, *The Power of Myth*. . . "God is an ambiguous word in our language because it appears to refer to something that is known. But the transcendent is unknown and unknowable. . . We want to think about God. God is a thought. God is a name. God is an idea but its reference is to something that transcends thinking. The ultimate mystery of being is beyond all thought. As Kant said, the thing in itself is no thing. It transcends "thingness," it goes past anything that could be thought. The best things can't be told because they transcend thought. The second best are misunderstood because those are the thoughts that are supposed to refer to that which can't be thought about. The third best are what we talk about. And myth is that field of reference to what is absolutely transcendent. The ultimate word many us for this ultimate mystery is God."

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Knowledge and Self-Actualization

If you fish from one pond all you will know is what is in that pond. One must open oneself to all. The same goes for knowledge. We have a great capacity to acquire great wisdom and knowledge from some many amazingly extremely actualized Gurus. The Internet Peer2Peer networks are a great resource for acquiring knowledge. There are many to choose from I personally like Bitcomet and be sure to get PeerGuardian2 software to help keep your computer private. Here is just a partial list to do some recommended explorations in thought one should undertake in their journey:

- [w:Plato](#) and [w:Socrates](#)
- [w:Alan Watts](#) – Alan Watts is one of the most actualized philosophers of the 20th century. * [*w:Joseph Campbell](#) -- Power of Myth Series with Joseph Campbell – This really great series which is full of wisdom from one of the greatest spiritual minds of the modern era.
- [w:God Who Wasn' t There](#) – An eye opening opposition to the theory of a personified God.

- Nova's Origins]] -- great series
- BBCs Horizon's [Parallel Universe](#)
- [The Private Life of Plants](#) – David Attenborough provides amazing insight in the world of plants unconsciousness. This clearly suggests that plants are utilizing a form of awareness that science has yet to comprehend.
- BBCs [What We Still Don't Know](#) – Excellent series about cosmology and quantum physics.
- BBC Human Instinct
- Nova's The [w:Elegant Universe](#) -- Quantum Physics String Theory. A must watch 3 part series.
- [w:What The Bleep Do We Know?](#) -- Popular Indy Film
- [w:Carl Sagan's Cosmos series 1](#)
- Intelligent Design very interesting and compelling documentary
- PBS [Question of God](#)
- Stephen Hawkins' Universe

The list goes on and on. The journey of Enlightenment is in taking the first step and finding joy in the journey and gathering the Truth.

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God As a Massive [distributive unconsciousness](#)

I am going to the try to describe the [divine](#), in possible scientific terms, and provide some reasoning behind this belief theory. Science should be the foundation upon which ALL religions are built. In the past this wasn't possible because science, until recently, had not crossed into a theoretical "origin of the universe" realm. In the last 10 years a new era in theoretical physics, called [MTheory](#), has become tremendously popular. Around 1 in 10 new physicists are entering this extremely new and exciting area that hopes to finally actualize Einstein's [Theory of Everything](#). And there is good indication that it very well might. So what I am going to talk about is that is more and more commonly being termed quantum theology. I am also doing to talk about other observable evidence that helps to support the idea of god as a massive distributed super-unconsciousness. I know it really sounds impersonal...so I use the warmer name "the divine."

Something that troubles me is the ignorant and arrogant [personification](#) of the divine by so many faiths. Firstly, we are unable to really define [intelligence](#), and

secondly there are many types of intelligence. I would recommend that you watch the BBC “[w:The Private Life of Plants|The Private Life of Plants]” (available free from P2P networks) and ask yourself how are plants intelligent? Because they obviously are in some defining. And since they don't have a brain as we define it, how is it that they know how to evolve as they have? Time to a plant is highly different than it is to a human. Why is it that a plant knows to develop seed hooks as a way to spread its seeds with animals or maximize a certain color? Why do others distribute their seeds by gliders, helicopter, and propulsion systems? How do they know to do it? Darwin goes so far but not far enough... They don't have ears or eyes. They can't see the ocean near them or the feel the animals brushing up against them, but they intuitively develop highly successful mechanisms to distribute their precious offspring! Animals are no different... each is looking for means to distribute its offspring. And they dont know they are successful. How is it humans are the first animal to explore distributing themselves off world? Why do we crave to do so? But in reality all animals and plants are doing the same thing. Humans are the first to evolve a brain that allows them to use it to develop creative ways to spread its offspring and once the world has been conquered it looks for new plants to spread too and ideas of terra forming and colonization become ideas we are currently exploring. I have no doubt we will see life on the moon and mars in the future. So how does this relate to the question of god as a massive distributed super-unconsciousness?

Unconsciously plants and animals know to develop as they do. But how? No one is telling them to and no one is changing them into something else. Darwin evolution principles apply to his theory of the survival of the fittest. Could something else exist? Joseph Campbell said a very important clue: “Earth is able to look back on itself through the eyes it had grown in human beings. The planet had evolved self-awareness.” We exist to experience to universe. We are the conciousness of the distributive unconcioussness. All matter and energy of data is fueling this massive unconscious network. And we exist as just one type of awareness.

Let's take a look at the origin of the universe and how it applies to the divine. Siddhartha Gautama said look at nature for the answers. So let's think of the [Big Bang](#) event as the moment of conception. So the universe expanded and formed like the dividing of cells in an egg. As [Carl Sagan](#) so rightly put it “everything is star-stuff.” We aren't out side of the universe we are apart of it. Even [Jung](#) and [Schopenhauer](#) lays the idea of a universal connection of consciousness.

So why did life develop in the universe? A clue to why lies in human nature? Why is it we are so consumed with the question about origin? "An unexamined life isn't worth living." Who are we? Why are we here? The answer is very simple: we are the conscious extension of our super-unconscious mother... The universe is seeking to know itself through its offspring--Life. The enlightenment we seek is the very enlightenment the universe is unconsciously seeking. We are merely an distributed extension of the universe that is trying to awaken to it self? In some ways our young universe is super consciousness fetus itself opening its eyes through humanity just as countless other multi-verses are and have. Why do they seek to wake up... it cant be put into words, but it's The Way. How is this conjectured from M-theory? Well, M-theory theorizes that the universe is a p-brane and that all energy except for gravitons are tied to it. Think of spirituality as the connection we feel to the p-brane. And the distributed aspect is the web that connects everything to the p-brane the web itself becomes a massive distributed super-unconsciousness.

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On The Illusion of Heaven and Hell...

Oh, my God, you may be thinking. When I die I' m nothing... I' m gone!! On the contrary identity and your physical body is just an illusion in energy. The fact is you are eternal and the energy that is you can't be destroyed. Everything is energy and everything is interrelated and connected. Vedic literature from over 3000 yrs ago suggests this idea of an interconnected universe. Heaven and hell maybe a self inflicted imprisonment that is actualized and defined by the spiritual imprint an entity. Some modern evidence for a distributed unconsciousness maybe found in, twin siblings, transcendental meditation, remote viewing and other scientifically unexplainable occurrences. But with M-theory explanations can be theorized for the paranormal and psychic environments. Ghosts are merely collections of strings impressions that leave an imprint on our reality. Some ghosts could be oblivious of their situation and be trapped in a seeming nightmare of their own illusion--hell. Other may be aware of their situation and delude them selves into what they think is Bliss, Nirvana or Heaven. Either way life and death becomes a illusion game. Just as life is actualized so are spirits, and illusions in life are transferred to corporeal death. Other highly evolved entitles known as Buddha's have awareness of the Devine p-brane and choose to return; some may keep coming back over and over, such as the Dali Lama and other Buddha's. Some religions like Christianity are waiting for their Buddha to return.

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Quantum Mechanics M-Theory, Dark Matter and

Energy

One of the most exciting developments in science over the last 10 years in what was originally termed String Theory. It has since evolved into M-Theory. I would strongly recommend watching the PBS Nova series “The Elegant Universe”. I don’t want to give it a disservice by trying to tell you what it is, but basically it a developing theory of quantum mechanics that may very well become Einstein’s Theory of Everything. Another must see three part mini series is the BBC’s “What We Still Don’t Know” Another good yet somewhat controversial movie on quantum mechanic theology is “What The Bleep Do We Know.” All these are available for free downloading off the vast Peer-2-Peer networks—just do a search for their names. And one of the biggest mysteries presented in both series is dark matter and energy...

One very interesting discovery is the existence of dark matter and dark energy. What is dark matter and energy? Physicists don’t know—they can’t even detect dark energy, but they know it exists. But scientists know that without it we couldn’t have life or even a stable universe. Personally I think it’s pretty obvious what it is, given what is being theorized with parallel universes, dark energy and matter is the ‘bleeding through’ influence of the matter and energy from these parallel universes (multi-verse--The Totality). Over 85% of our universe is made up of this matter yet we can’t detect it. Some theorize that maybe 99% of the universe is made up of dark energy. The reason that we can’t detect the energy could be that it is existing on the parallel universe and what we are detecting is its echo--the day we can detect the multi-verse is the day we will finally detect dark energy and matter that is resonating from The Totality.

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Tapestry of Lies...

If you listen to anything, listen/watch to Harold Pinter’s Nobel Lariat address... As I listened I was profoundly impacted by the clarity and truth of his words. As an American I have always felt his words but never found them to set them free. The

illusion of power exists only in the minds of those who are trapped in the web. Just as time was only created to measure our distance to death. One must learn to see through the lies and passed the web. The singular truth exists only there. The rabbit hole runs deep and the illusions that we create only trap us their. One the ironies is you cant show the trapped soul the caves entrance... you cant release them... free them... you cant even point their face towards the opening. But even when it is found it again can easily be swallowed up by becoming lured and engrossed by entanglements that seduce us in life. For even life is in itself a mere web of distractions.

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Entropy as Information

The fantastical holographic principle view of the universe is now putting forward the idea of the universe as a measure of entropic information. What does it mean when two particles regardless of distance can communicate with one another? The communication breaks basically every known Law, if you are thinking of communication in the traditional sense... energy traveling faster than the speed of light. Distance then can be understood not to exist as we think of it and that what we perceive is just a [holographic universe](#).

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God as entropic information

Though still not recognized, I believe, there exists an obvious unity between Darwin's Theory of Evolution and that of intelligent design. Intelligence can be simply described as the fundamental evolution of information into organized matrices of energy, matter and life. It organizes itself as such not because there is some kind omniscient entity guiding it, but because it is the distributed and fundamental nature of it to do so. Just as matter and proteins organize themselves so does life. God is merely the measure of all the chaotic quantum mechanical thermodynamic entropic data contained within the 3-brane -- God's Brane or the Brane of God. Evolution isn't just about the survival of the fittest. Sure survival plays a function as all life seeks to eat and reproduce, but that function is just the fundamental characteristic of entropic information seeking to return to its original state. The function is also misunderstood in intelligent design as being evidence of some kind of pot maker. I think we will discover that a [distributed unconsciousness](#)

of entropic information is shared instantaneously with all matter and energy—we already know that matter and energy is shared between states and that communication is infinite therefore information is not kept independently but in the brane where the matter and energy become holographic reflection of the information. Why can we say that all information is shared? We can do so because all this information was originally contained within the Singularity that created everything. Time is the momentum created by the Singularity's expansion into our reality, just like the momentum of the flow of water down a mountain, time flows in one direction. Every action and event tracing back to its origin can be and is tied back to the Singularity that set everything into motion. We are all an eternal expressions of it. We are all the eternal random atomic jitters whirling and pouncing at the crest of the wave moving at present.

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The Future

“Men are not animals erect, but immortal gods. The universe has given us souls equal to all the world and yet satiable not even with the world. Everything is possible to man. Time is young, give us some little centuries and we shall control and remake all things. We shall perhaps at last learn the noblest lesson of all, that man must not fight man but must make war only on the obstacles that nature offers only to the triumph of man.” [Francis Bacon](#). 1561 to 1626

We are entering the most exciting and most precarious time of all human existence. The next 30–50 years will be the apex for all humanity that Bacon referred to above. It may mark the end or the beginning of the New Age of Enlightenment. The Mayans calendar predicted this century will be the end the ages of man. And if we survive then the challenges the old age of men will be dead. This will be the century we may very well actualize immortality by murdering death. It will be the age where computers unite with human flesh where the holograph universe meets the virtual reality of cyberspace. Within 20 years, you may be able to fit the content of all the DVDs ever made on your instant-on computer or store a digital file containing every conversation you have ever had on a handheld device. In the next 75 to 150 years we may very well see the death of capitalism and the birth of utopian communism. It will be an humanistic age where material goods become redundant with the creation of molecular manipulation holographic devices that will rearrange molecules into anything we want: food, gold, diamonds, toys and more toys etc. It will take less than

ten years for this amazing technology to saturate the world. And after a short time we will grow tired of the mall in our home and a new social development will come about involving education and interaction. But before we can reach for this utopia we need to see if we can overcome the future development. There are a few things that may stop us from making it... the biggest challenge we face is our devouring environment. Will we be able to overcome global warming? Many scientists believe that we have reached global peak oil production and it will cost more and more to extract the remaining reserves. Over the 20 years there will be a 60% increase in energy consumption. Did the US attack Iraq, who holds 2/3 of all oil, to help secure these remaining bountiful reserves? There is probably more terrorist training being conducted in the AIDS infected Africa than any other country. Why aren't US troops stopping the genocide in Africa? There is far more killing being done there as any other place on earth. Will the hunger for energy by China drive it to conflict with the US? Currently China is getting 75 percent of its energy from highly polluting coal-burning plants which is helping to drive up global temperature. They also only have just one week oil reserve! So what will China do over the next 20 yrs? (educate yourself) I'm curious and interested to seeing what happens. Lastly, SARS and other deadly diseases could ravage the world populations over the next 20 yrs. Though, I think this has the least likelihood of stopping progress.